

San Ysidro Middle School

Bell Schedules 2022-2023



Bell Schedule: Regular Day

Period 1	8:00am - 8:52am	(52)
Period 2	8:56am - 9:48am	(52)
Period 3	9:52am - 10:44am	(52)
Period 4	10:48am - 11:40am	(52)
Lunch (7th)	11:40am - 12:25pm	(45)
Period 5 (8 th)	11:44am - 12:37pm	(53)
Lunch (8th)	12:37pm - 1:22pm	(45)
Period 5 (7 th)	12:29pm - 1:22pm	(53)
Period 6	1:26pm - 2:19pm	(53)

Instructional Minutes = 334 min (314min+20min)

Bell Schedule: Regular Rainy Day

Period 1	8:00am - 8:55am	(55)
Period 2	8:59am - 9:54am	(55)
Period 3	9:58am - 10:53am	(55)
Period 4	10:57am - 11:52am	(56)
Lunch (7th)	11:52am - 12:22pm	(30)
Period 5 (8 th)	11:56am - 12:51pm	(55)
Lunch (8th)	12:51pm - 1:21pm	(30)
Period 5 (7 th)	12:26pm - 1:21pm	(55)
Period 6	1:25pm - 2:19pm	(54)

Instructional Minutes = 349 min (329+20 min)

Bell Schedule: Minimum Day

Period 1	8:00am - 8:37am	(37)
Period 2	8:41am - 9:18am	(37)
Period 3	9:22am - 9:59am	(37)
Period 4	10:03am - 10:40am	(37)
Lunch (7th)	10:40am - 11:25am	(45)
Period 5 (8 th)	10:44am - 11:20am	(36)
Lunch (8th)	11:20am - 12:05pm	(45)
Period 5 (7 th)	11:29am - 12:05pm	(36)
Period 6	12:09pm - 12:45pm	(36)

Instructional Minutes = 240 min (220+20)

Teacher Day: Begins – 7:45am Ends – 3:00pm

Bell Schedule: Minimum Rainy Day

Period 1	8:00am - 8:40am	(40)
Period 2	8:44am - 9:24am	(40)
Period 3	9:28am - 10:08am	(40)
Period 4	10:12am - 10:52am	(40)
Lunch (7th)	10:52am - 11:22am	(30)
Period 5 (8 th)	10:56am - 11:34am	(38)
Lunch (8th)	11:34am - 12:04pm	(30)
Period 5 (7 th)	11:26am - 12:04pm	(38)
Period 6	12:08pm - 12:45pm	(37)

Instructional Minutes = 255 min (235min+20min)